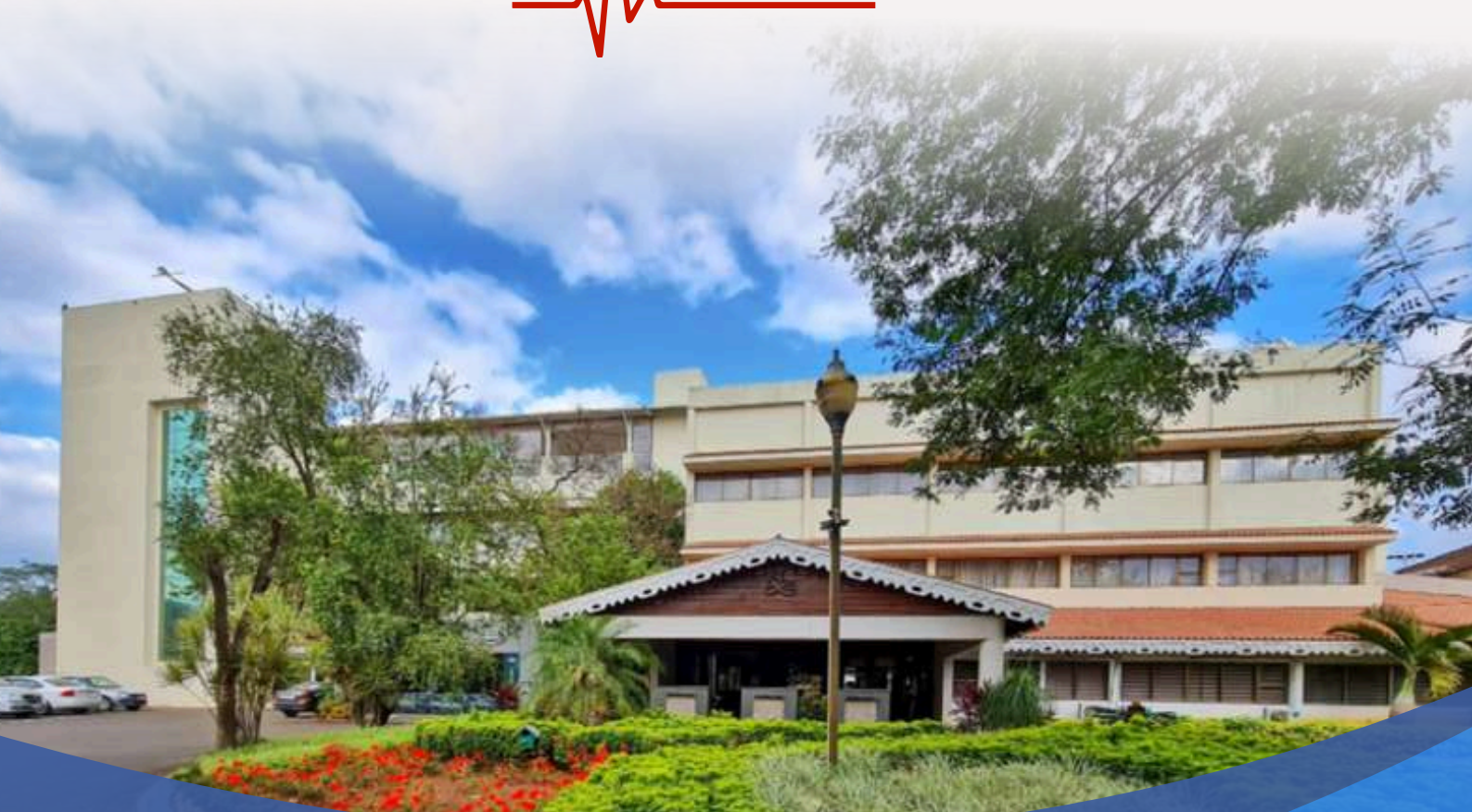




The
Residency Club
Kolhapur

Spandan
Heartbeat of Residency Club



President Message



Shri. Amol Yedge
Collector - Kolhapur
President

Dear Members,

As Spandan reaches its third edition, it is heartening to see how this magazine has grown into a true reflection of the spirit and identity of Residency Club. It has evolved into a platform that captures not just events, but also the values, relationships and the collective journey of our Club.

The continued appreciation for Spandan reflects the strong sense of unity and engagement within our Club community. Each edition stands as a testament to the collective efforts of members who actively participate and contribute with pride. I commend the editorial team for their dedication and thoughtful efforts in shaping this publication. My sincere appreciation also goes to all contributors whose creativity and commitment enrich Spandan and make it meaningful for our readers.

As we move forward, let us continue to strengthen our bond, encourage meaningful participation and uphold the values that define Residency Club.

Warm regards,

Shri. Amol J. Yedge
Collector – Kolhapur
President, Residency Club

Secretary Message



Shri. Sheetal Bhonsale
Hon. Gen. Secretary

Dear Members,

It gives me great pleasure to present the third edition of Spandan – The Heartbeat of Residency Club, which continues to reflect the vibrant activities and strong sense of togetherness within our Club.

Over the past months, the Club hosted several meaningful and enjoyable events. An insightful lecture by historian Dr. Amar Adake offered valuable perspectives on Maratha history and leadership. The Music Jamming Session, Kojagiri Purnima Night and the Asia Cup Final live screening added to the festive and engaging atmosphere at the Club.

A special highlight of this edition was the Diwali Mega Bumper Housie, which received an overwhelming response from members. The enthusiastic participation and exciting bumper prizes made it one of the most memorable events of the season.

I extend my sincere thanks to all members who contributed articles for this edition. Your thoughtful writings and insights have added depth, relevance and character to Spandan, making it more meaningful for our readers.

We look forward to your valuable suggestions, feedback and continued participation to make our Club activities and future editions of Spandan even more engaging and enriching.

Warm regards,

Shri. Sheetal S. Bhonsale
Hon. Gen. Secretary
Residency Club

Editor's Message



Shri. Shrinivas Malu

Dear Members,
Warm Greetings of the month,
We are pleased to place before you our Club's 3rd Edition of E-News Bulletin. We got an overwhelming response and phone calls from members, appreciating the efforts taken by the Bulletin Team. Few responses are placed in this edition for your information under the column "Reader's Review", itself speaks about excellent efforts taken by the team. Their appreciating responses truly keeps us motivated, encourage us to put in our best efforts further and make bulletin more interesting & read worthy.
As usual we have in all 3 Articles, 1 from the member and 2 from the spouses on subjects of mutual interest, surely those are worth reading. By this time, we are able to add one more Club affiliation in our Club kitty. We appeal to the member that they take benefits of affiliated Clubs when they or their family are on move, may be business commitments or on pleasure trip. You may share your experiences for the benefit of other members. I would like to thank and appreciate efforts & time taken out by our esteemed Members who wrote an Article for the Club Bulletin. Articles truly make our News Bulletin read worthy and informative. As usual we have added 2 recipes from our Club Chef and 2 Mocktails recipes from the bar tender. You may try it at home or visit Club to taste it.
Request members to please share your personal views about the Bulletin. We will try to add your

reviews in our forthcoming Bulletin under "Readers Review" column.
Your words of appreciation and encouragement means a lot to team E-News Bulletin.
Through this E-News bulletin we will be able to reach out to each Club member & families and updates them about happenings in various avenues, within the club. We expect our members to please join & participate in Club events, enjoy company of Club members and help us to make event more purposeful and colourful.
Please make this News Bulletin available to KIDS at home. Ask them to participate, solve Puzzles, Cross Words etc. and Submit to the club receive appreciations Certificates from Club.
Articles on various subject of member's interest are also invited from our own Club members & Spouses. KIDS are invited to send Puzzles, Sudoku, Jokes & Cross Words etc. too. Please get in touch with Miss. Rutuja Bhosale, Mobile No 7030285599 for more details. You can send it on Club WhatsApp Number 7030285599.
Looking forward for your whole hearted support and cooperation in making E-Bulletin praiseworthy. I am sure together we can do it.
Before, I sum up, I profusely thank Club office staff Miss. Rutuja for taking time out to make relevant information available well in time.

Shrinivas Malu
Bulletin Editor

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Update

Club Activities and Event

Marathyancha Swatantra Ladha



Residency Club recently hosted a lecture by historian Dr. Amar Adake on the Maratha struggle after the death of Chhatrapati Sambhaji Maharaj. Dr. Adake explained how the empire faced collapse under Mughal pressure, yet continued its fight for survival.

He highlighted the leadership of Chhatrapati Rajaram Maharaj and the extraordinary courage of Maharani Tarabai, who led armies and governed the state.

The lecture showed how strategy, guerrilla warfare and unity helped the Marathas rebuild against all odds.

Dr. Adake emphasised that this period was not just a military conflict but a fight for identity and sovereignty.

The session inspired the audience to view history as a source of courage, resilience and national pride.

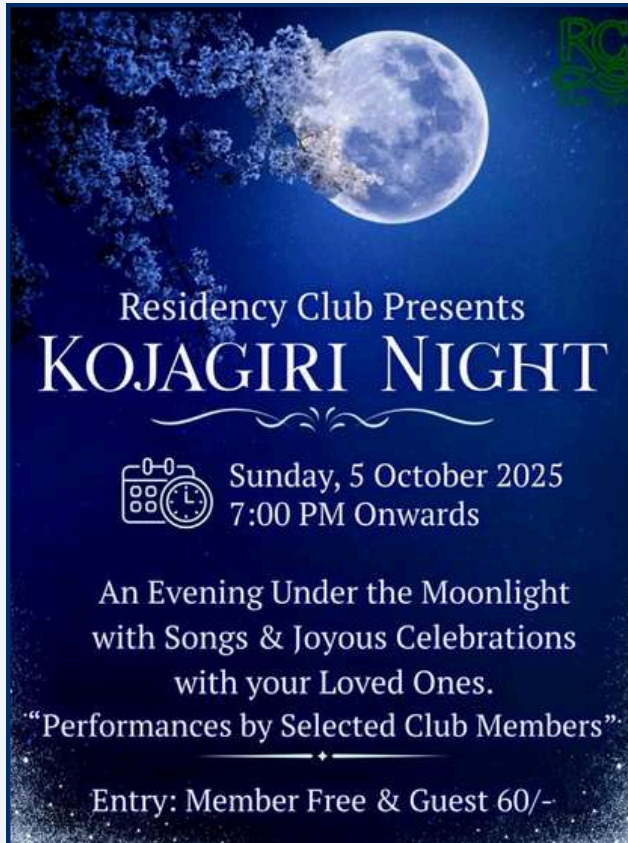
Music Jamming Session



The recent Music Jamming Session at Residency Club was a lively and refreshing Sunday experience. Featuring Rohit Sutar Live, the event delivered soulful music, energetic performances and great audience interaction. Members enjoyed singing along, relaxing with friends and taking advantage of the exciting Happy Hour offers. The vibrant atmosphere at the Retreat Bar made it a perfect setting to unwind. Overall, it was a fun, engaging and memorable afternoon that left members asking for more such sessions.

“Every event, every voice and every memory together form the heartbeat of Residency Club.”

Kojagiri Night



Residency Club celebrated Kojagiri Purnima Night with great enthusiasm. The event featured musical performances by members, which created a lively and enjoyable atmosphere. Guests appreciated the songs, the spirit of togetherness and the opportunity to celebrate the festival as a community.

Overall, it was a joyful and memorable evening, filled with music, smiles and festive vibes.

“Spandan captures not just moments, but the spirit, values and collective journey of Residency Club.”

Update

Club Activities and Event

Diwali Mega Bumper Housie



Residency Club Presents

Diwali Mega Bumper Housie

Celebrate Diwali with a Thrilling Twist at our Mega Bumper Housie. Amazing Prizes, Festive Fun & a Chance to Shout "Housie"!

Sunday 12th October 2025
07:00 PM Onwards
@ Rooftop Hall

Registration is Compulsory

The Diwali Mega Bumper Housie received an overwhelming response, with members from all age groups participating enthusiastically. The evening was filled with cheer, excitement and friendly competition as everyone enjoyed the games and festive atmosphere.

The highlight of the event was the big prize giveaways, which created great excitement and added to the thrill of the night. Overall, it was a highly successful and memorable event that brought members together for a fun-filled celebration.

“More than a game, Housie is our monthly celebration of fun, friendship and togetherness.”

Update

Club Activities and Event

Asia Cup Final



Residency Club hosted an energetic live screening of the Asia Cup Final, bringing members together for an evening filled with excitement and community spirit. The match between India and Pakistan was streamed on a large screen, creating a stadium-like atmosphere that kept the audience engaged throughout.

Members and guests gathered to cheer, celebrate and enjoy the thrill of live cricket together. The event encouraged camaraderie, lively discussions and a shared passion for the sport, making it an enjoyable and memorable experience for all who attended.

Update

Club Affiliation - Addition

We are happy to announce the addition of one new affiliation to our list:

- The Bijapur Gymkhana, Vijayapura, Karnataka

Members are encouraged to make use of these facilities during their travels. Sharing your experiences with us will help enhance our bulletin and benefit other members exploring affiliated clubs.

Article

The Importance of Pre-Marriage Counselling

Article By Adv. Neelam P. Gandhi



Marriage is one of the most meaningful commitments in a person's life. Entering it with clarity, emotional maturity, and realistic expectations can make the relationship far stronger. This is why counselling, especially pre-marriage counselling is so valuable. It prepares couples and even their parents, for the journey ahead with the right mindset and understanding.

What Counselling Really Means:

Counselling is not simply discussing problems. It is a guided and structured process that helps individuals understand themselves, their partner, and their relationships better. It encourages honest conversation, emotional awareness and equips people with the knowledge needed to deal with understanding relationships. Counselling brings clarity about expectations, responsibilities and communication styles.

Why Pre-Marriage Counselling Helps:

Before a couple enters married life, pre-marriage counselling allows them to explore topics they may never have discussed such as habits, finances, emotions and expectations from each other. For example, after a counselling session, a couple is in a better position to understand the importance of communication and more importantly how to adjust to the new changes unfolding in their lives. They gain the confidence to address their fears or uncertainties about marriage. It's important to understand elements of our past that may come in the way of our present and the future. We need to understand the importance of closure of any unfortunate or unpleasant experiences of the past, to move ahead. These discussions prevent future misunderstandings and create a strong foundation for a healthy relationship.

There are some essential elements of marriage such as:

Communication:

Communication builds trust and removes

assumptions. When couples learn to express their feelings without blaming and to listen without judging, their relationship becomes stronger and more resilient. Couples often presume their spouses to say and behave the way they expect. But the reality is, there are some who don't know how to express their feelings or choose not to discuss situations as it may be beyond their control or there are those who keep their feelings and thoughts to themselves which unfortunately leaves the other to presume the worst. I do believe the one unhealthy scenario is presuming what the other one is thinking and that is to be avoided.

Balancing Expectations

Marriages come with certain expectations and preconceived notions about what life together will be like. When reality doesn't align with these expectations, disappointments can arise. Expectations are a natural part of all relationships; they are shaped by our thoughts and the way we visualize our future. Counselling helps couples reflect on their expectations and communicate them clearly and respectfully. Communication does play an important role for a healthy relationship.

Adjustments and Acceptance

Marriage requires a willingness to adjust, while still preserving one's self-identity. It involves learning to coexist peacefully not only with one's partner, but also with each other's families. Adjustments involve accepting differences, compromising when needed, understanding each other's habits and preferences and most important respecting one's individuality. Adjustment is not a sign of weakness; it is a sign of maturity.

Values like tolerance, respect and understanding

Article

The Importance of Pre-Marriage Counselling

Article By Adv. Neelam P. Gandhi

sound simple, but many may just need a better understanding on how to apply them in real life. Counselling guides couples to help adjust in a new environment and understanding the new roles they will experience with each other's family members. It helps them recognize which issues are worth compromising on and which require respectful boundaries. And the need to understand the concept of detachment, which is a topic to be dealt separately, but simply means disconnecting oneself from situations beyond one's control.

Tolerance:

The ability to remain calm when differences arise. It's important to understand emotional regulation techniques, how to respond rather than react, how to stay patient when situations become stressful.

Respect:

The foundation of a healthy marriage. Its importance to be aware of being respectful to each other's families, respect personal space, respect differences in opinion, respect each other's wishes and emotional needs. Respect is shown through behaviour not just words.

Understanding:

The ability to view situations from your partner's perspective. We may face situations and wonder why our partner reacts in a certain way.

It's important for us to interpret each other's actions with compassion rather than suspicion.

True understanding comes from recognizing each other's nature, understanding the need to give space and not trying to change one another, but accepting each other for who they are.

Marriage: A Union of Two Individuals and Two Families

Marriage unites not only two people but two families, traditions and lifestyles. This is why counselling for parents is equally important.

It helps parents understand the difference

between healthy involvement and interference, the importance of respecting the couple's privacy, how to support their children without overstepping boundaries.

Negative interference from family members or outsiders can seriously harm a marriage. Counselling encourages couples and families to build healthy boundaries and offer constructive support rather than criticism, pressure or control.

To conclude I want to express that Marriage is a lifelong journey that thrives on awareness, patience and emotional maturity. I strongly believe, once we decide to take this step in our lives, it is our responsibility to fulfil our commitments. We are even more responsible when children are involved. We are not perfect individuals and neither we can predict what life has in store for us. But counselling whether before marriage or during, provides couples and families with the practical tools to communicate better, adjust wisely and treat each other with respect and understanding. We should think ahead of time to avoid situations later.

Holding onto ego often creates distances, while choosing to forgive keeps communication open and problems manageable. And most important it gives us peace of mind. Letting go of the need to be right helps couples resolve conflicts faster and move forward together.



Article

A Quiet Dialogue Between Home & Nature

Article By Mrs. Nupur Magdum.

True luxury lies in simplicity. A home that welcomes nature is not loud or ornamental—it is calm, intuitive and deeply restorative. When sunlight moves gently through open spaces and greenery becomes part of everyday living, the home begins to feel alive.

Minimalist, nature-inspired homes are defined by openness, clarity and balance. Fluid floor plans allow spaces to adapt effortlessly—from quiet mornings to shared moments with family, children, or pets. Double-height volumes, soft transitions and framed outdoor views create a sense of expansiveness without excess.

This is architecture that breathes.

Material Honesty: Wood, Stone, and Light
Nature speaks most powerfully through honest materials. Unpolished wood, natural stone and tactile surfaces bring warmth and grounding to refined interiors. Wooden furniture with visible grain, raw finishes, or handcrafted details adds depth without ornamentation. Stone floors and textured walls lend a sense of permanence and calm.

Large windows and sliding glass panels dissolve boundaries, allowing daylight, air and changing skies to become part of the interior experience. Natural light reduces the need for artificial energy and enhances emotional well-being, creating spaces that feel light, serene and effortless.

Greenery as a Way of Living

Plants are not décor—they are presence. They soften architecture, cleanse the air and create a quiet connection to the rhythms of nature. Living with greenery allows you to experience small, meaningful moments: filtered sunlight through

leaves, the sound of rain, the slow growth of new life. A thoughtfully planted home feels balanced, nurturing and spiritually grounded.

Curated Plant Choices for Indian Homes

Indoor Plants (Calm, Low-Maintenance Elegance) Ideal for living rooms, bedrooms and meditation spaces:

- Snake Plant (Sansevieria) – Air-purifying, sculptural, very low care
- Peace Lily – Symbol of harmony and purity
- Areca Palm – Soft, uplifting greenery
- Rubber Plant – Strong, grounding presence
- ZZ Plant – Minimal care, ideal for modern homes

Courtyards & Indoor Garden Zones

For open-to-sky or semi-open spaces:

- Plumeria (Frangipani) – Fragrant, spiritually calming
- Champa varieties – Traditional & meditative
- Fiddle Leaf Fig – Architectural elegance
- Bamboo Palm – Light and graceful
- Small native trees (where space allows)

Balconies (Urban Sanctuaries)

- Suitable for apartments and compact homes:
- Tulsi (Holy Basil) – Sacred, healing and energizing
- Aloe Vera – Resilient and beneficial
- Jade Plant – Symbol of prosperity
- Ixora or Jasmine – Soft fragrance and beauty
- Herbs like Mint and Curry Leaves

Vertical Gardens & Green Walls

For boundary walls and shaded facades:



Article

A Quiet Dialogue Between Home & Nature

Article By Mrs. Nupur Magdum.

- Philodendron
- Syngonium
- Spider Plant
- Boston Fern
- Monstera (indirect light)
- Vertical greenery adds privacy, cools interiors and introduces a lush yet restrained visual rhythm.

Terraces & Rooftop Retreats

Designed as private, contemplative spaces:

- Bougainvillea – Strong, sun-loving, vibrant
- Lemongrass – Fragrant and meditative
- Dwarf Banana or Papaya
- Native flowering shrubs
- Ornamental grasses for movement and texture

Vastu-Friendly Plant Suggestions

Plants play an important energetic role in the home:

- Tulsi – Best placed in the north, east, or northeast
- Money Plant – South-east or living areas for prosperity
- Bamboo – East direction for growth and positivity
- Areca Palm – Near entrances or living spaces
- Peace Lily – Bedrooms or meditation rooms

Avoid thorny plants like cactus indoors, especially in living and sleeping areas

Simple Maintenance for a Serene Home.

Luxury is ease. Greenery should enhance life—not complicate it.

- Choose native or climate-appropriate plants
- Group plants with similar light & watering needs
- Use well-draining soil & breathable planters
- Water deeply but infrequently; avoid overwatering
- Prune gently to maintain shape and airflow
- Clean leaves occasionally to allow better

- photosynthesis
- Install drip irrigation for terraces and vertical gardens
- Consistency, not excess, keeps plants thriving.

A Home That Feels Sacred

When nature is invited in with intention, the home becomes more than a physical space. It becomes a place of renewal—a quiet refuge where the mind rests, the body heals and the spirit feels held.

A minimalist, green home is not about adding more. It is about allowing what truly matters—light, air and life—to exist in perfect balance.



Article

जपान – एक अद्भुत देश

Article By Mr. Uttam Pharakate

हिरोशिमा, नागासाकीच्या अतिविनाशक हल्ल्यातून सावरत, “युद्ध नको, बुद्ध हवा” ही उक्ती जगत, फिनिक्स पक्ष्याप्रमाणे प्रगती पथावर झेपावलेला अतिपूर्वेकडील देश म्हणजे जपान. आजाद हिंद सेनेचे नेते नेताजी सुभाषचंद्र बोस यांच्यामुळेही भारतीयांना जपानविषयी ममत्व आहे. दोन्ही देशांमधील भौगोलिक अंतर मोठे आहे. भाषा, संस्कृती, खानपान, राहणीमानातील भिन्नतेचे अडसर असूनही नेताजींनी केलेला आजाद हिंद सेनेचा प्रयत्न केवळ कल्पनातीत!

कोविड महामारीनंतर देशांतर्गत व परदेशातील पर्यटनाला मोठाच बहर आला आहे. जगभरातील देशांनी पर्यटनाचे अर्थव्यवस्थेतील महत्त्व ओळखून, जागतिक पर्यटनात आपला वाटा वाढविण्याचे प्रयत्न चालविले आहेत. यावर्षी आम्हा उभयतांच्या लग्नाला पंचवीस वर्षे पूर्ण होत असल्याने रौप्यमहोत्सवी ठिकाण म्हणून जपानची निवड केली.

दोघेच जाण्याचे नियोजन होते. जपानला भेट दिल्याचे कोणीही ओळखीचे नव्हते. गुगल व इतर पर्यायांवर बरीच माहिती उपलब्ध आहे. शिवाय आजकाल रील्सच्या माध्यमातून जगाच्या कानाकोपऱ्यांची



इंपीरियल पॅलेस

माहिती मोबाईलवर पाहू शकतो. पण केवळ तेवढे पुरेसे होत नाही. शिवाय एखाद्या ठिकाणी भेट देण्यापूर्वी त्या ठिकाणाविषयी माहिती घेऊन, वाचून गेलो तर खूप उपयोगी पडते. तो देश, भेट देण्यायोग्य विशिष्ट पर्यटन स्थळांचे महत्त्व, तिथले सामाजिक संकेत, सोयी-सुविधा, वातावरणाची माहिती, इतिहास यामुळे ती ठिकाणे केवळ बघण्याचे कारण न राहता, चांगल्या प्रकारे अनुभवता येतात.



शिंजुकू टेम्पल, टोकियो

योगायोगाने हळदी-कांडगाव येथील डॉ. विशाल पाटील हे पत्नी व दोन मुलांसह जवळपास महिनाभर जपान मुक्कामी होते असे कळले. उभयतांनी दिलेल्या माहितीतून “ऑन अवर ओन” चा आत्मविश्वास दुणावला. यापूर्वीही आम्ही दोघांनीच काही देश फिरण्याचा अनुभव पाठीशी होता. एक मात्र नक्की की, अशा प्रकारे प्रवास करताना स्वतःला सर्व गोष्टी हाताळायच्या असल्याने, सर्व माहिती

घेण्यापासून ते वेगवेगळी बुकिंग करून, ज्या त्या ठिकाणी वेळेवर पोहोचण्याची वगैरे सर्व जबाबदारी पेलताना खूप प्रयास पडतात.

जपानसाठी प्रवासाची तयारी करताना सर्वात महत्त्वाचा टप्पा म्हणजे व्हिसा. जपानची व्हिसा प्रक्रिया तुलनेने सुलभ आहे. आवश्यक कागदपत्रांची पूर्तता करून, ठराविक एजन्सीमार्फत अर्ज सादर केल्यास काही दिवसांत व्हिसा मिळतो प्रवासाचे नियोजन, सिम कार्ड, विमा इत्यादी गोष्टींची आखणी सुरू झाली.



टोकियो येथील आकर्षक स्काय ट्री

जपान हा अत्यंत शिस्तप्रिय देश म्हणून ओळखला जातो. तेथील लोकांचे वेळेचे काटेकोर पालन, स्वच्छता, सार्वजनिक ठिकाणी वागण्याचे संकेत, रस्ते वाहतूक व्यवस्था हे सर्वच अनुकरणीय आहे. रेल्वे व्यवस्था तर जगप्रसिद्ध आहे. भाषेचा अडसर हा जपानमध्ये जाणाऱ्यांसाठी एक मोठा प्रश्न असतो. बहुतांश लोक जपानी भाषेतच संवाद साधतात. इंग्रजीचे ज्ञान मर्यादित असले तरी, तेथील लोक मदतीस सदैव तत्पर असतात. हावभाव, नकाशे, मोबाइल ॲप्स यांच्या सहाय्याने संवाद साधता येतो. सार्वजनिक ठिकाणी माहिती फलक स्पष्ट व सुबक असतात.

जपानमधील खानपान संस्कृती वेगळी आणि वैशिष्ट्यपूर्ण आहे. सुशी, रामेन, टेम्पुरा यांसारखे पदार्थ जगप्रसिद्ध आहेत. प्रत्येक जेवणात ताजेपणा, साधेपणा आणि पौष्टिकतेवर भर दिलेला दिसतो. शाकाहारी लोकांसाठी पर्याय तुलनेने कमी असले तरी, योग्य शोध घेतल्यास समाधानकारक भोजन मिळू शकते.



जापनीज खाद्यपदार्थ

Article

जपान – एक अद्भुत देश

Article By Mr. Uttam Pharakate.



जपानची जगाला भेट -
व्हेडींग मशिनस

पर्यटन स्थळांमध्ये टोकियो, क्योटो, ओसाका, नारा, हिरोशिमा ही शहरे विशेष महत्त्वाची आहेत. आधुनिकतेचा कळस गाठलेला टोकियो आणि परंपरेचा वारसा जपणारे क्योटो यातील विरोधाभास अनुभवणे म्हणजे जपान समजून घेण्याची पहिली पायरी ठरते. मंदिरे, राजवाडे, बागा, संग्रहालये आणि निसर्गरम्य दृश्ये यामुळे प्रवास अधिकच संस्मरणीय होतो.

जपानमधील शहरांची रचना अतिशय शिस्तबद्ध आणि नियोजनबद्ध आहे. उंच उंच इमारती, त्यामधून जाणारे रुंद रस्ते, भूमिगत मेट्रो मार्ग आणि त्यासोबतच शांत, स्वच्छ परिसर हे चित्र सर्वत्र दिसते. गर्दी असूनही गोंधळ नसणे हे जपानचे वैशिष्ट्य आहे. लोक रांगेत उभे राहणे, इतरांचा आदर राखणे आणि सार्वजनिक शिस्त पाळणे याबाबत अत्यंत जागरूक असतात.

क्योटो शहरात पारंपरिक जपानी संस्कृतीचा अनुभव घेता येतो. जुनी मंदिरे, शिंतो देवळे, पारंपरिक लाकडी घरे आणि गीझा संस्कृती यामुळे क्योटो वेगळेच भासते. अराशियामा बांबू फॉरेस्ट, किंकाकु-जी (गोल्डन पॅव्हिलियन) यांसारखी ठिकाणे मन मोहून टाकतात. निसर्ग आणि परंपरेचे सुंदर मिश्रण येथे पाहायला मिळते.



हकोने श्राईन - टोरीगेट

नारा येथे असलेली हरणे मुक्तपणे शहरात वावरताना दिसतात. ही हरणे पवित्र मानली जातात आणि पर्यटकांचे विशेष आकर्षण ठरतात. तोडाई-जी मंदिरातील भव्य बुद्धमूर्ती पाहून मन शांत होते. हिरोशिमा शहर मात्र इतिहासाची वेदना आणि शांततेचा संदेश एकत्र देणारे आहे.



बांबू फॉरेस्ट ... क्वेटो

अणुबॉम्ब हल्ल्याची आठवण करून देणारे स्मारक आणि संग्रहालय प्रत्येकाने पाहावे असे आहे.

जपानमध्ये निसर्गसौंदर्याला फार महत्त्व दिले जाते. चेरी ब्लॉसम म्हणजेच सकुरा फुलण्याचा काळ हा जपानमधील सर्वात सुंदर काळ मानला जातो. उद्याने, नद्या, पर्वतरांगा आणि समुद्रकिनारे यामुळे देशाला नैसर्गिक वैभव लाभले आहे. प्रत्येक ऋतूमध्ये जपान वेगळ्या सौंदर्याने नटलेला दिसतो.

एकंदरीत, जपानचा प्रवास म्हणजे आधुनिकता, परंपरा, शिस्त आणि निसर्ग यांचा अद्भुत संगम अनुभवणे होय. हा प्रवास केवळ पाहण्यापुरता न राहता, जीवनशैली, मूल्ये आणि संस्कृती समजून घेण्याची संधी देतो.

जपानमध्ये प्रवास करताना स्वच्छतेची जाणीव प्रकर्षाने जाणवते. सार्वजनिक ठिकाणी कचरा टाकण्यासाठी कचराकुंड्या नसतातच. तरी लोक स्वतःचा कचरा सोबत ठेवतात आणि योग्य ठिकाणीच टाकतात. ही शिस्त केवळ नियमांमुळे नाही तर ती त्यांच्या संस्कृतीचा भाग आहे. तेथील सार्वजनिक वाहतूक व्यवस्था अत्यंत सोयीस्कर आणि विश्वासाह आहे. ट्रेन, मेट्रो, बस यांचे वेळापत्रक अचूक असते. एक मिनिटाचाही विलंब क्वचितच आढळतो. प्रवाशांसाठी माहिती फलक, तिकीट यंत्रणा आणि मार्गदर्शन व्यवस्था सुबक व स्पष्ट आहे. त्यामुळे प्रथमच जाणाऱ्या पर्यटकांनाही प्रवास सोपा वाटतो.



डोटोनबोरी ओसाका ... आपल्या जयंतीनाल्यातही शक्य आहे.

जपानी लोकांचे वागणे नम्र आणि सुसंस्कृत असते. ते मोठ्यांचा आदर करतात, पाहुण्यांशी विनम्रतेने बोलतात आणि मदत करण्यास कधीही मागे हटत नाहीत. भाषेचा अडसर असूनही त्यांच्या हसऱ्या चेहऱ्यामुळे संवाद सहज होतो. “ओरिगातो गोदाईमास” (धन्यवाद) आणि “सुमिमासेन” (माफ करा) हे शब्द वारंवार ऐकू येतात. खरेदीसाठी जपान एक वेगळाच अनुभव देतो. अत्याधुनिक इलेक्ट्रॉनिक्सपासून पारंपरिक हस्तकलेपर्यंत सर्व काही येथे उपलब्ध आहे. स्मरणिका म्हणून किमोनो, चॉपस्टिक्स, हस्तकलेच्या वस्तू, ग्रीन टी यांची खरेदी अनेक पर्यटक करतात.



ओसाका बीच व्हा जायंट व्हील

Article

जपान – एक अद्भुत देश

Article By Mr. Uttam Pharakate.

बाजारपेठा स्वच्छ, नीटनेटक्या आणि शिस्तबद्ध असतात. प्रवासाच्या शेवटी जपानकडून एक महत्वाचा धडा मिळतो — शिस्त, प्रामाणिकपणा आणि सामाजिक जबाबदारी. या गोष्टी आपल्या दैनंदिन जीवनात उतरवता आल्या तर समाज अधिक सुंदर होऊ शकतो. जपानचा प्रवास आठवणींमध्ये कायमचा घर करून राहतो.



एक आकर्षक ग्रीन बिल्डिंग

या संपूर्ण प्रवासात अनेक लहानसहान अनुभव मनात ठसत गेले. हॉटेलमधील काटेकोर व्यवस्था, खोलीतील स्वच्छता, छोट्या जागेत केलेली सुबक मांडणी आणि प्रत्येक गोष्टीतील अचूकता पाहून आश्चर्य वाटले. अगदी दैनंदिन वापरातील वस्तूंमधूनही जपानी लोकांची शिस्तप्रिय वृत्ती जाणवते.

प्रवासादरम्यान वेळेचे योग्य नियोजन किती महत्वाचे असते, याची प्रकर्षाने जाणीव झाली. प्रत्येक ठिकाणी पोहोचण्यासाठी ठरलेला वेळ, तिकीटांची पूर्वतयारी आणि नियोजनबद्ध दिनक्रम यामुळे प्रवास ताणतणावमुक्त झाला. स्वतःच्या जबाबदारीवर प्रवास करण्याचा अनुभव आव्हानात्मक असला, तरी समाधान देणारा ठरला.

जपानमध्ये आधुनिक तंत्रज्ञान आणि परंपरा यांचा सुंदर समतोल साधलेला दिसतो. एकीकडे अत्याधुनिक रोबोट्स, स्वयंचलित यंत्रणा, हाय-स्पीड ट्रेन तर दुसरीकडे शतकानुशतके जपलेली मंदिरे, सण-उत्सव आणि रीतिरिवाज. हा विरोधाभासच जपानला वेगळे बनवतो.



आपल्या दिवाळीतील पारंपरिक आकाशकंदीलांशी जवळीकता साधणारे आकर्षक दिवे !



टोकीयो टॉवर

परतीच्या प्रवासात मनात एकच भावना होती — आपण केवळ एक देश पाहून आलो नाही, तर एक जीवनदृष्टी अनुभवून आलो आहोत. शिस्त, स्वच्छता, वेळेचे महत्त्व आणि सामाजिक भान या मूल्यांचा आदर करायला जपान शिकवतो. हा प्रवास केवळ आठवणी देणारा नव्हता, तर आयुष्याला नवी दिशा देणारा ठरला.



युद्ध नको बुद्ध हवा



चेरी ब्लॉसम



जपानी लोक सायकल्सचा वापरही जास्त करतात

Update

Chef's Special Recipes

PICKLED CARROT & GREEN CHILI



A tangy and crunchy Indian-style pickle.

Ingredients:

- Carrots – 2–3, finger cut
- Green chilies – 4–5, sliced
- Mustard seeds – 1 tsp
- Fenugreek seeds – 1 tsp
- Fennel seeds – 1 tsp
- Turmeric powder – ½ tsp
- Salt – to taste
- Jaggery – 2 tsp
- Lemon juice – ¼ cup
- Oil – 2 tbsp

Method:

1. In a bowl, combine finger-cut carrots and sliced green chilies.
2. Heat oil in a pan. Add mustard seeds, fennel seeds and fenugreek seeds; allow them to splutter.
3. Add turmeric, salt and jaggery to the tempering. Switch off the heat and add lemon juice.
4. Pour this mixture over the carrots and chilies. Mix well.
5. Store in an airtight jar and refrigerate.
6. Serving Suggestion
7. Serve as a tangy accompaniment with Indian meals.

Variations:

Add beetroot, radish, garlic or ginger for extra flavour.

CARROT MUFFINS



Soft, moist muffins with warm spices and crunchy nuts.

Ingredients:

- All-purpose flour (maida) – 250 g
- Baking powder – 1 tsp
- Baking soda – ½ tsp
- Salt – ½ tsp
- Cinnamon powder – 1 tsp
- Nutmeg powder – ¼ tsp
- Eggs – 2
- Brown sugar – 150 g
- White sugar – 50 g
- Oil – 150 ml
- Vanilla extract – 2 tsp
- Carrot (finely grated) – 250 g
- Walnuts (chopped) – 50 g
- Raisins – 50 g

Method:

1. Preheat oven to 170°C. Line a muffin tray.
2. Whisk eggs with brown and white sugar until well combined.
3. Add oil and vanilla extract; mix until smooth.
4. Sift together all dry ingredients and gently fold into the batter.
5. Fold in grated carrot, walnuts and raisins.
6. Fill muffin cups three-quarters full.
7. Bake for 20–25 minutes or until golden and a skewer inserted comes out clean.

Mocktails Recipes

Tequila Sunrise



Ingredients

- 2 oz Tequila
- 4 oz Fresh Orange Juice
- ½ oz Grenadine Syrup
- A splash of Lemon Juice
- Ice cubes
- Orange slice & Cherry (for garnish)

Method

1. Fill a tall glass with ice cubes.
2. Pour in the tequila followed by fresh orange juice and a splash of lemon juice.
3. Slowly pour the grenadine syrup down the side of the glass; it will settle at the bottom, creating the signature sunrise effect.
4. Do not stir.
5. Garnish with an orange slice and a cherry.

Serving Suggestion: Serve chilled for a refreshing tropical experience.

Spicy Gawa



Ingredients

- 1 Fresh Betel Leaf (Paan Leaf)
- ½ tsp Grated Coconut
- ½ tsp Finely Chopped Mint Leaves
- ½ tsp Finely Chopped Coriander Leaves
- ¼ tsp Lime Paste
- ½ tsp Sugar
- A pinch of Salt
- A dash of red Chilli Powder

Method

1. Gently crush the betel leaf with grated coconut, mint and coriander leaves.
2. Add lime paste, sugar, salt and red chilli powder, blend into a smooth mixture.
3. Strain and dilute with chilled water or soda as preferred.
4. Serve over ice in a chilled glass.

Serving Suggestion: Best served chilled as a refreshing welcome drink or a palate cleanser during festive occasions.

Update

Readers Review

“The 2nd Issue of The Residency Club bulletin Spandan is a big hit with members. It shows Sub committee’s have held different sorts of events for the members including sports competitions, health lectures and entertainment functions like jamming sessions and housie. The articles from members on topics of fitness, AI and Emotional Intelligence in children make a compelling reading. Lip smacking recipes and puzzles for kids have added a flavour to the issue. Kudos to the editor for all the efforts and excellent selection of content.



Keep it up

Mr. Neel Pandit (Bavdekar)
Hon. Jt. Secretary

“Residency Club Bulletin, 2nd Edition
The freshly released second edition of the Residency Club bulletin hits the mark— it’s a full-on recap of everything that went down in the last cycle and a bright invitation for members who missed out to jump in next time. The layout is clean, the photos pop, and the write-ups strike a perfect balance— informative for those who missed the events and inspiring for those planning to join future ones. It also nudges newer members to step up, saying “Your story could be in the next edition!” All in all, this bulletin reinforces the Residency Club’s vibe of togetherness, variety and active participation. If you want to see your own moments featured in the third edition, just get involved— the club’s doors (and pages) are wide open!

Mr. Nitin Miraje.

“Spandan is a commendable initiative undertaken by the club to strengthen communication and engagement with the club members. As a bi-monthly bulletin, it serves as a well-structured & comprehensive platform for sharing information related to various club activities and events.



The bulletin effectively encompasses a wide range of areas, including social, cultural, entertainment, and sports activities, thereby ensuring that members remain well informed about both ongoing and forthcoming initiatives. Its organized presentation reflects careful planning and a clear commitment to transparent communication.

As a newly launched initiative, Spandan has made a strong and positive beginning. It not only documents the club’s activities but also contributes meaningfully to fostering a sense of unity, participation, and collective pride among fellow club members.

The efforts and leadership of the office bearers— Secretary Mr. Sheetal Bhonsale and Joint Secretary Mr. Neel Pandit—along with the editorial and organizing teams, deserve sincere appreciation for conceptualizing and successfully launching this valuable addition to the club’s communication framework.

With continued support and contributions from members, Spandan has the potential to become an integral and enduring part of the club’s activities.

Mr. Puneet Gandhi.

Update

Readers Review

Spandan beautifully reflects the true spirit of Residency Club by bringing together the activities, ideas, & experiences of our members on a single platform. Its engaging content strengthens communication & keeps members closely connected with the club.



The bulletin thoughtfully features member articles, readers' reviews, recipes, a kids' corner, and updates on upcoming events, making it engaging for all age groups. It not only highlights club activities but also celebrates the talents and contributions of our community, striking a fine balance between information and creativity.

I sincerely appreciate the efforts of the editorial and RC team for curating such meaningful content and presenting Spandan as a true reflection of our club's participation, unity, and community spirit.

Mr. Atul Powar.

It's pleasure to read the Residency club's bulletin which is full of very useful information, meaningful insights, enlightening motivational quotes. Thanks to editor Shrinivas Maluji and his entire team for great efforts.



This bulletin will help us to uplift our life skills. Many of the members are getting aware about the club activities through this initiative. These bulletins may act as ready reference, document for future. Most importantly a platform for members to exchange ideas, thoughts before the extended family.

Mr. Uttam Pharakate.

It's been a pleasure to read this edition of Spandan, the official E-Bulletin of Residency Club, Kolhapur. It effectively captures the vibrant spirit of our club through its well-documented activities, shared values, and the strong sense of community among our members.



Spandan serves as an important medium to chronicle our sporting, cultural, and social initiatives, while reflecting the collective efforts that continue to take the club to new heights. I extend my sincere appreciation to Mr. Shrinivas Malu and his team for their dedication and meticulous efforts in compiling content that is both engaging and meaningful.

On behalf of the Managing Committee, I thank all members for their continued support and active participation. As we move ahead, may Spandan continue to inspire connection, encourage excellence, and mirror the progressive vision of Residency Club, Kolhapur.

Mr. Sachin Ghatge.

pdate

Club QR Codes

You Are Just a Scan Away



At Residency Club, we are constantly striving to improve convenience and service for our members. To make information more accessible, we have now introduced dedicated Club QR Codes. Members can simply scan the code to access club updates, event details and more — anytime, anywhere!

Additionally, we have recently launched room and restaurant feedback systems through digital forms. This initiative aims to gather valuable insights from members to help us enhance our hospitality and ensure an even better experience for all.

Your feedback matters — thank you for helping us grow and serve you better!

Disclaimer:

The content, views and information presented in this E-bulletin are contributed by individual club members and do not necessarily reflect the official stance of the Residency Club Management. All information is intended solely for community engagement, informational purposes and entertainment purposes. Submissions involving minors (e.g., artwork, photos, or written content) are published with prior parental consent. Personal details of minors are not disclosed unless explicitly approved.

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